



HEARTS & MINDS
ACTIVITY CENTER

CAREGIVER SEMINAR

We offer free quarterly educational trainings to help caregivers feel more prepared to handle the challenges that come with caring for someone living with dementia.



THURSDAY
20 March, 2025



**2300 ENBORG
LANE, SAN
JOSE CA 95128**



START AT
9:00am-1:30pm

DISCUSSION AND INSIGHT:

Join us to gain more information about **legal planning, planning care options outside of the home, end stage dementia care and hospice** facilitated by our professional community partners. These practical techniques help support family caregivers.



REGISTER NOW

For Registration
Email Diana@hearts-minds.org or call 408-279-7515

www.heartsandmindsactivitycenter.org



Dedra Jize
Geriatric Care Manager



Keri Landrum
Geriatric Consultant



Dr. Joshi
Chief Executive Officer

Limited to 30 caregivers | Lunch included | Raffle prizes | Meet your local vendors