



HEARTS & MINDS
ACTIVITY CENTER

March Events 2025

Important Reminders

Holiday Closure Dates

Monday, March 31, 2025

Early Closure at 4pm

Tuesday, March 25, 2025

Caregiver Seminar

We offer free quarterly educational trainings to help caregivers feel more prepared to handle the challenges that come with caring for someone living with dementia.

Thursday, March 20, 2025



Welcoming starts 9am

Event 9:30 am - 1:30 pm

In-Person Support Groups

Dementia Care Strategies



Thursday, March 6, 2025

3:30 pm - 4:30 pm



Tuesday, March 11, 2025

5:00 pm - 6:00 pm



Wednesday, March 19, 2025

3:30 pm - 4:30 pm

All events located at Hearts & Minds Activity Center

RSVP Required: Diana@hearts-minds.org or 408.279.7515